

Peter Metelnick

Put Your Feet To The Beat



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INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1	Heel Switches and Toe Switches.		
	1 &	Touch right heel forward. Step right beside left.	Right &	On the spot
	2 &	Touch left heel forward. Step left beside right.	Left &	
	3 & 4	Touch right heel forward. Hold & clap <u>twice</u> .	Right Clap Clap	
	&	Step right beside left.	&	
	5 &	Touch left toe to left side. Step left beside right.	Left &	
	6 &	Touch right toe to right side. Step right beside left.	Right &	
	7 & 8	Touch left toe to left side. Hold & clap <u>twice</u> .	Left Clap Clap.	
	Section 2	Left Sailor, Right Sailor, Step 1/2 Pivot Right, Right Shuffle.		
9 & 10	Cross left behind right. Step right to right side. Step left to place.	Left Sailor	On the spot	
11 & 12	Cross right behind left. Step left to left side. Step right to place.	Right Sailor		
13 - 14	Step forward left. Pivot 1/2 turn right hooking right heel across left.	Step. Pivot.	Turning right	
15 & 16	Step forward right. Close left beside right. Step forward right.	Right Shuffle	Forward	
Section 3	Cross & Step, Cross & Cross, Chasse Left. Sailor Step.			
17 & 18	Cross rock left over right. Rock back onto right. Step left to left side.	Cross Rock Step	On the spot	
19 & 20	Cross right over left. Step left to left side. Cross right over left.	Cross Step Cross		
21 & 22	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left	
23 & 24	Cross right behind left. Step left to left side. Step right to place.	Sailor Step	On the spot	
Section 4	Cross, Side Left, 1/4 Turn Coaster, Step 1/2 Pivot Left, Kick Ball Change.			
25 - 26	Cross left over right. Step right to right.	Cross. Side.	Left	
27 & 28	Step back left into 1/4 left. Step right beside left. Step forward left.	Coaster Turn	Turning left	
29 - 30	Step forward right. Pivot 1/2 turn left.	Step. Pivot.	Turning left	
31 & 32	Kick right forward. Step right beside left. Step onto left in place.	Kick Ball Change	On the spot	

4 Wall Line Dance:- 32 Counts. Intermediate Level.

Choreographed by:- Peter Metelnick (Can) Jan 2001.

Choreographed to:- 'Tired Of Toein' The Line' by Ethan Allen (124 bpm). Start on vocals.