



Approved by:

Rosie Multari

To The Rock

4 WALL - 64 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 3 - 4 5 & 6 7 - 8	Basic Cha: Forward Shuffle, Forward Rock, Back Shuffle, Back Rock Step right forward. Step left beside right. Step right forward. Rock left forward. Recover onto right. Step left back. Step right beside left. Step left back. Rock right back. Recover forward onto left.	Right Shuffle Forward Rock Back Shuffle Back Rock	Forward On the spot Back On the spot
Section 2 1 & 2 3 - 4 5 & 6 7 & 8	Chasse Right, Back Rock, Kick Ball Cross, Kick Ball Change Step right to right side. Step left beside right. Step right to right side. Rock left back. Recover forward onto right. Kick left foot forward. Step left slightly back. Step right slightly across left. Kick left foot forward. Step left beside right. Step onto right in place.	Side Close Side Back Rock Kick Ball Cross Kick Ball Change	Right On the spot
Section 3 1 & 2 3 - 4 5 & 6 7 - 8	Basic Cha: Forward Shuffle, Forward Rock, Back Shuffle, Back Rock Step left forward. Step right beside left. Step left forward. Rock right forward. Recover onto left. Step right back. Step left beside right. Step right back. Rock left back. Recover forward onto right.	Left Shuffle Forward Rock Back Shuffle Back Rock	Forward On the spot Back On the spot
Section 4 1 & 2 3 - 4 5 & 6 7 & 8	Chasse Left, Back Rock, Kick Ball Cross, Kick Ball Change Step left to left side. Step right beside left. Step left to left side. Rock right back. Recover forward onto left. Kick right forward. Step right slightly back. Step left slightly across right. Kick right forward. Step right beside left. Step onto left in place.	Side Close Side Back Rock Kick Ball Cross Kick Ball Change	Left On the spot
Section 5 1 - 2 3 - 4 5 - 6 Note 7 - 8 Note	Stomp x 2, Boogie Walks Stomp right forward (towards 1:00) with both hands downward. Hold. Stomp left forward (towards 11:00) with both hands downward. Hold. Step right forward bending knees slightly. Step left forward, knees still bent. Steps 5 - 6: raising both hands higher with each step. Step right forward straightening knees. Step left forward. Steps 7 - 8: raising both hands higher with each step.	Stomp Hold Stomp Hold Right Left Right Left	Forward
Section 6 1 - 2 3 - 4 5 - 6 7 - 8	Step, Clap, 1/2 Turn, Clap, Step, Clap, 1/4 Turn, Clap Step right forward. Hold and clap up to the right. Turn 1/2 left and shift weight onto left. Hold and clap down to the left. Step right forward. Hold and clap up to the right. Turn 1/4 left and shift weight onto left. Hold and clap down to the left.	Step Clap Turn Clap Step Clap Turn Clap	Forward Turning left Forward Turning left
Section 7 1 & 2 3 & 4 5 - 6 7 - 8	Right Shuffle Forward, Left Shuffle Forward, Forward Rock, Side Rock Step right forward. Step left beside right. Step right forward. Step left forward. Step right beside left. Step left forward. Rock right forward. Recover onto left. Rock right to right side. Recover onto left.	Right Shuffle Left Shuffle Forward Rock Side Rock	Forward On the spot
Section 8 1 & 2 3 & 4 5 & 6 7 & 8	Behind, Side, Rock (x 4) Travelling Back Step right behind left. Rock left to left side. Recover onto right. Step left behind right. Rock right to right side. Recover onto left. Step right behind left. Rock left to left side. Recover onto right. Step left behind right. Rock right to right side. Recover onto left.	Behind Side Rock Behind Side Rock Behind Side Rock Behind Side Rock	Back

Choreographed by: Rosie Multari (USA) April 2007

Choreographed to: 'I Go To The Rock' by Scooter Lee (134 bpm) from CD Go To The Rock (32 count intro)

Choreographer's Notes: Special thanks to Rob Fowler for inspiring the last 8 counts.

During the Basic Cha 8s, chasse turns (1/2 pivots) can be substituted for the shuffle steps.