



Approved by:



# Butter Beans

## 4 WALL - 32 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Shuffle 1/4, Step, 1/2 Turn, Forward Shuffle, Touch Forward, Touch Back</b>		
1 & 2	Step right to side. Close left beside right. Step right 1/4 turn right.	Shuffle Turn	Turning right
3 - 4	Step left forward. Pivot 1/2 turn right. (9:00)	Step Turn	
5 & 6	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
7 - 8	Touch right toe (or heel) forward. Touch right toe back.	Heel Toe	On the spot
<b>Section 2</b>	<b>Forward Shuffle, Side Rock Together, Kick Ball Step, Twist &amp; Twist 1/2</b>		
1 & 2	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
3 & 4	Rock left out to left side. Recover onto right. Step left beside right.	Side Rock Together	On the spot
5 & 6	Kick right forward. Step right beside left. Step left forward (slightly across right).	Kick Ball Step	
7 & 8	Twist heels, left, right, left – swivelling 1/2 right (weight ends on left). (3:00)	Twist & Turn	Turning right
<b>Section 3</b>	<b>Coaster Step, Forward Shuffle, Heel Switches, &amp; Stomp, Stomp, Scuff</b>		
1 & 2	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
3 & 4	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
5 &	Touch right heel forward. Step right beside left.	Heel &	On the spot
6 &	Touch left heel forward. Step left beside right.	Heel &	
7 & 8	Stomp right forward. Stomp left beside right. Scuff right, hitching knee.	Stomp Stomp Scuff	Forward
<b>Section 4</b>	<b>Coaster Step, Forward Shuffle, Side Rock &amp; Cross x 2</b>		
1 & 2	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
3 & 4	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
5 & 6	Rock right out to side. Recover onto left. Cross step right over left.	Right Rock Cross	Left
7 & 8	Rock left out to side. Recover onto right. Cross step left over right.	Left Rock Cross	Right

**Choreographed by:** Christopher Petre (USA) February 2007

**Choreographed to:** 'Head South' by Neal McCoy (102 bpm) from CD That's Life; track also downloadable from iTunes or Napster (16 count intro - start on vocals)



A video clip of this dance is available to members at [www.linedancermagazine.com](http://www.linedancermagazine.com)